

March 28, 2013

To Whom It May Concern:

I take great pleasure in providing a letter of recommendation for Dr. Robert J. Berchick.

I worked closely with Dr. Berchick beginning in 1975. He initially served as my research assistant, then as clinical therapist, and next as Assistant Clinical Director 1981 - 1982. I was so impressed with Dr. Berchick's skills I appointed him as Clinical Director for the Center for Cognitive Therapy. He served in this position from 1982 until 1990. During his time with the Center he served as an administrator of the Center and supervised Post Doctoral fellows, researchers and visiting foreign professionals as well as participated in many of my research projects. Although Dr. Berchick left the Center in 1990 to open his private practice, he continued to provide supervision on a weekly basis.

Dr. Berchick was with me during the early years as I continued to develop cognitive therapy and he was instrumental in assisting me in the development of my unit as a world renowned training center.

And last but not least, patients continually praised Dr. Berchick's clinical skills.

If you have any questions, please feel free to contact me.

Sincerely,

  
Aaron T. Beck, M.D.

University Professor of Psychiatry