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To Whom It May Concern:

I am writing to recommend Dr. Robert Berchick. Dr. Berchick was one of the first and most talented clinicians to be trained by Aaron T. Beck, M.D.

Dr. Berchick and I were colleagues at Beck's Mood Clinic and Center for Cognitive Therapy from 1975 to 1990. During this time, Dr. Berchick became Clinical Director and a prized supervisor for interns and residents studying cognitive therapy. He taught and nurtured literally dozens of American mental health professionals as well as foreign nationals visiting the United States in order to learn the methods pioneered by Dr. Beck.

Dr. Berchick moved on to establish a thriving private professional practice and to serve the community as a teacher and consultant. I have often sought his counsel on challenging clinical problems and have consistently found his perspectives both classically "cognitive" and uniquely creative. Dr. Berchick has fused a wealth of knowledge of cognitive and behavioral models and strategies with a highly accessible, "everyman" style of delivery. He has devoted himself to ethical, competent, and caring practice.

I believe I am in a unique position to testify to the impact that Dr. Berchick has had on his clientele and his community. Some years ago, I was covering Dr. Berchick's practice when he experienced a severe health crisis. I heard from many of his clients how much he had meant to themselves and to their families. Since that time, Dr. Berchick has been a model of resilience and of coping with limitations. He continues to take joy from life and from service to others and I believe he has even more to offer with the wisdom of his years and experience.

Sincerely,

The Sales Consultation Williams

Ruth L. Greenberg, Ph.D.